



The T1D Exchange **ADEPT Conference 2024** *Achieving Diabetes Equity in Practice Today*



Executive Summary: Enduring health inequities emanate from systemic oppression of specific groups of people. These minoritized groups, including racial/ethnic minorities, those living in rural areas, and those who experience low socioeconomic status, have worse health outcomes than those who experience social privilege. Minoritized people with diabetes (PWD) are more likely to experience adverse outcomes, resulting in undue burden on quality of life and healthcare costs. Diabetes health equity can be addressed with innovative, practical, and community-co-led interventions.

Our work has reduced barriers to equitable care for people with diabetes.

T1D Exchange has identified and disseminated practical solutions to address health equity within the diabetes community. We are planning the first annual “Achieving Diabetes Equity in Practice Today” (ADEPT) conference to scale and amplify collaborations to reduce diabetes inequities by convening health equity thought leaders, emphasizing collective learning, showcasing emerging best practices, and facilitating sharing of practical solutions in a two-day conference beyond the existing T1D Exchange community.

Our Experience: T1D Exchange is a nonprofit dedicated to improving outcomes for all PWD through real-world evidence and collaborative change through our broad network. Our Quality Improvement Collaborative (T1DX-QI) comprises 54 centers collectively caring for 100,000 diabetes patients and bringing together approximately 200 investigators. Participating centers develop and disseminate best practices in clinical diabetes care. Since 2018, T1D Exchange has organized multiple Learning Sessions for T1DX-QI members.

The T1DX-QI has established the Health Equity Advancement Lab (HEAL), which brings together health equity experts from over 50 institutions with racial-ethnic and LBGQTQ+ equity expertise and persons with lived T1D experience to share recommendations and guidance on T1DX-QI health equity activities. HEAL’s work with nine centers has resulted in improved processes to increase the use of diabetes technology, and the publication of numerous manuscripts analyzing diabetes health inequities.

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Benefits of ADEPT: While health equity has become an increasing focus at conferences and events, the topic requires an explicit, collaborative effort to achieve and sustain meaningful impact. ADEPT offers benefits that existing conferences do not, including: diabetes health equity as the sole focus of the event, and prioritization of the newest technology and innovations for equity.

Bringing ADEPT to the Diabetes Community: ADEPT will convene approximately 300 health equity leaders. This event will be marketed to endocrinology practices, including existing T1DX-QI and T2DX-QI centers. Representatives from insurance companies, pharmaceutical and technology companies, foundations, and national groups will join to contribute solutions and build connections with clinical leaders.

HEAL will support event planning and logistics through several event planning committees. HEAL Advisors will spearhead the review of abstract submissions and CME content. Sessions and posters will range from solutions for transparency and building the courage to change the institutional culture to strategies for using data, process improvement, and systems-level advocacy in already willing environments. The aim is that all shared solutions, tools, and advice can be implemented in participants' local settings.

Sponsorship Opportunities:

T1D Exchange is offering three tiered sponsored opportunities for the ADEPT conference. Benefits offered to sponsors include: branding opportunities; speaking engagement opportunities to event attendees; sponsor acknowledgement on the ADEPT website and event materials; and exhibit hall access.

For more information regarding sponsorship opportunities, please contact

Debbie Taylor

Senior Director of Marketing and Business Development

dtaylor@t1dexchange.org

