



T1D Exchange

What's new with the T1D Exchange Clinic Network?

- The T1D Exchange Clinic Registry now has enrolled over 26,000 individuals with type 1 diabetes at 68 participating clinical centers and over 12,000 participants have completed a year 1 follow-up questionnaire.
 - ◊ If you have not already completed your year 1 follow-up questionnaire, ask the clinic staff at your next office visit to see when you are due. You may be able to complete the questionnaire on the internet from home rather than in the office if you want to.
- The T1D Exchange has two new studies that will be starting in May 2013. Additional details on each study can be referenced in the 'T1D Exchange Future Studies' section on page 2.
- The Residual C-peptide Study currently has about 920 participants enrolled and is still recruiting new participants for the study. If you have had type 1 diabetes for 3-9 years or >40 years and were diagnosed over the age of 18 and are interested in knowing if you still are producing insulin, please contact the study coordinator at your clinical center.

Are you on Glu® ?

Glu is an active and diverse, type 1 diabetes, online community designed to accelerate research and amplify the collective voice of those living with T1D. In Glu® you will connect with people just like you, contribute to discussions and research, and learn from the wealth of rich information found within the pages... and that's just the beginning.

SUPPORT

Glu® makes it easy to find and connect with others touched by type 1 diabetes, allowing you to learn from each other within a safe, secure, and supportive community.

EMPOWER

Empower yourself by becoming a citizen scientist and help transform the way research and development is conducted. You can participate in studies and surveys, answer the Question of the Day, start your own discussion or respond to someone else's post.

EDUCATE

You will learn from the ever-changing community discussions, news, articles, and ideas, found within the pages of Glu® and have the opportunity to educate others by sharing your own personal experiences.

Is Glu® safe for me and my family?

- Yes, Glu® is a private, password-protected, HIPAA-compliant website. Special accounts can be set up for children and adolescents under the age of 18. Your information is always kept confidential.

Why should I get involved?

- Glu® is a unique and dedicated destination transforming the way research and development for the treatment of T1D is conducted. By logging in you are entering an environment of support and shared wisdom, where your questions and answers matter. By joining Glu® you become a citizen scientist; promoting the sharing of knowledge across key audiences to improve research, learning, and discovery.

Setting up an account is quick and simple. Register today!

Visit myglu.org to sign up or download our free app from the App store or the Android Marketplace. Search for "My Glu".

Contact info@myglu.org with questions, comments, or to get involved.

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T1D Exchange Biobank Study: You will make the difference!

- WHO:** You! The Biobank Operations Center has begun contacting participants in the T1D Exchange to ask them to donate a blood sample for the T1D Exchange Biobank.
- WHEN:** Now! You may receive an email invitation to join the Biobank, please be sure to respond if you wish to enroll and to be kept informed of future T1D Exchange Biobank studies.
- WHERE:** Lab visits will be scheduled in your neighborhood, and all costs associated with the lab visit will be billed directly to the Biobank.
- WHY:** To speed the progress of type 1 diabetes research by collecting blood samples from individuals living with type 1 diabetes and to create a resource of readily available samples for use by approved researchers.



For more information, call or email: 1-877-280-5345 / Biobank@BenaroyaResearch.org.

T1D Exchange Future Studies

Two new T1D Exchange studies are planned to begin in May 2013!



- **Severe Hypoglycemia In Older Adults With Type 1 Diabetes**

Study Purpose: To find factors that are linked with severe hypoglycemia events in older adults with type 1 diabetes of long duration.

Who is eligible?: Adults age 60 years or older who were diagnosed with type 1 diabetes prior to age 40 and either have had a severe hypoglycemic event in the past year or who have NOT had a severe hypoglycemic event in the past 3 years.

- **Metformin Therapy For Overweight Adolescents With Type 1 Diabetes**

Study Purpose: To assess the effect and safety of Metformin as an additional therapy in overweight children and adolescents with type 1 diabetes.

Who is eligible?: Adolescents age 12 to less than 20 with type 1 diabetes who are in the 85th percentile or greater for body mass index.

If you are interested in participating in either of the above studies and meet the eligibility requirements please contact your diabetes clinic to see if they are participating in the study.

Characteristics of Approximately 26,000 T1D Exchange Registry Participants

- Individuals with type 1 diabetes of all ages are included in the registry, from less than 1 year old to more than 90 years old.
- Around 1,000 participants have had type 1 diabetes for at least 40 years.
- Average HbA1c is higher in children and young adults.

