

A New Year's Update from the T1D Exchange!

We would like to thank-you for joining the T1D Exchange! We now have over 1,000 individuals with type 1 diabetes enrolled into the T1D Exchange clinic registry and we are just getting started! Thirty-two clinical centers from all across the country are enrolling participants into the T1D Exchange registry and we are expecting another 30 or so centers to start enrolling in early 2011, for a total of over 60 clinics participating throughout the U.S.

You might be interested in the types of individuals who have joined: The current age range for enrolled participants is from < 1 years old to 86 years old and 55% are female. The pump is the most common method of receiving insulin by current T1D Exchange participants, with 60% using a pump. Injections are being used by 37% of the participants, and 3% are using both a pump and injections. The frequency of blood glucose self-monitoring per day varies across participants: 7% report 0-2 times per day, 29% report 3-4 times per day, 33% report 5-6 times per day, 20% report 7 to 9 times per day, and 11% report at least 10 times per day.

We are very excited about the potential for the registry to provide important advances in the management of type 1 diabetes and the daily lives of those with the disease. In fact, we have already written an abstract for presentation at the American Diabetes Association that looks at the relationship between frequency of self-monitoring of blood glucose and HbA1c using the data we have collected on the pediatric participants enrolled to date. The analysis shows a strong relationship between the number of glucose meter measurements a day and a lower HbA1c. We also are using this information to convince insurance companies to not limit coverage for test strips.

We are well on our way towards our goal of enrolling 45,000 individuals in the T1D Exchange registry. Thank-you again for being a part of this. We look forward to updating you with our progress in 2011!

Best wishes for the new year,

The T1D Exchange

T1D Exchange Coordinating Center
Jaeb Center for Health Research
15310 Amberly Drive
Suite #350
Tampa, Fl. 33647

[Click here if you no longer wish to receive T1D Exchange updates.](#)